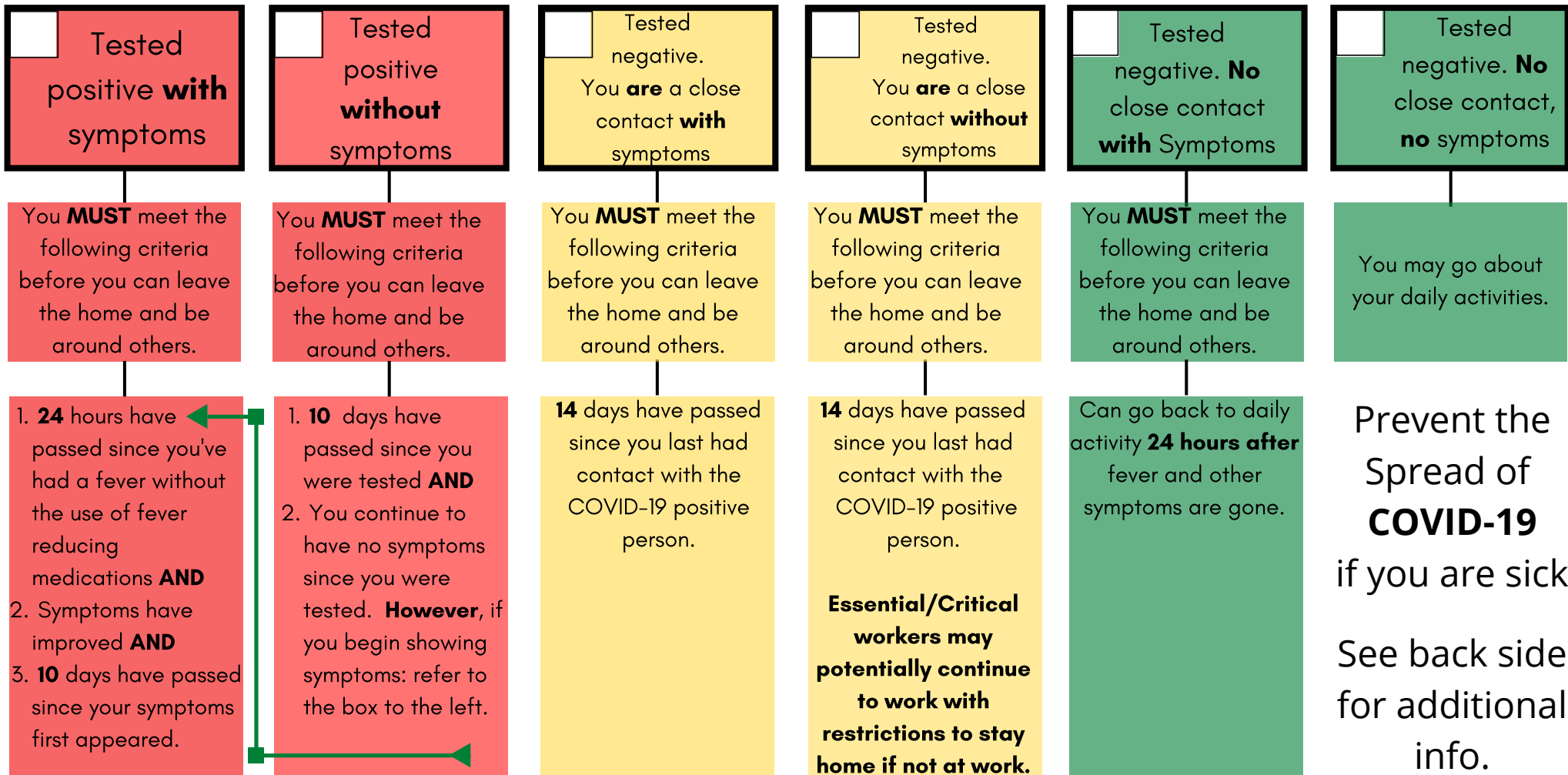


Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

You have been screened today, \_\_\_\_\_, for COVID-19










**If you are awaiting results, STAY HOME & stay away from other in your home until you receive your test results. Only leave your home to seek immediate medical attention.**



# 10 things you can do to manage your COVID-19 symptoms at home

Accessible Version: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

## If you have possible or confirmed COVID-19:

- 1. Stay home** from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.  

- 2. Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.  

- 3. Get rest and stay hydrated.**  

- 4.** If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.  

- 5.** For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.  

- 6. Cover your cough and sneezes** with a tissue or use the inside of your elbow.  

- 7. Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.  

- 8.** As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a mask.  

- 9. Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.  

- 10. Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.  
