|  | **May 2016** |  |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| 1 May Day!When you hang that basket on your neighbors’ door—use your bike as a getaway! | 2 It’s [National Bike Month](http://www.bikeleague.org/content/bike-month-dates-events-0)!Be sure to check your bike and helmet for safety | 3 Take a break from work – check out the [River City Sculptures on Parade](http://www.sculpturesonparade.com/) during a lunchtime bike ride. | 4 Use that basket!Bike to the grocery store today. Both Hy-Vees are Blue Zones designated grocery stores! | 5 It’s Cinco De Mayo! Bike to [Pastime Gardens](http://pastimegardens.com/) – a Blue Zones Restaurant®! | 6 Bike to one of the Mason City Community Schools and support the [District-Wide Walk-a-Thon](http://www.masoncityschools.org/index.php/96-district-news/443-4th-annual-district-wide-walk-a-thon) today! | 7 Have errands to run? Choose your bike to get there! |
| 8 Happy Mother’s Day! Treat Mom to a bike ride. | 9 Bike to [the Blue Zones Cooking Class at Hy-Vee East](https://iowa.bluezonesproject.com/events/10897) tonight! | 10 Biking is a core activity for many residents. See some of them featured in this [Bike Month Video](https://www.facebook.com/MasonCityBlueZonesProject/videos/1180262718652221/). | 11 Get to know the sharrows! [Check out this article](http://globegazette.com/news/local/sharrows-are-coming-to-streets-near-you/article_3beee440-3382-594d-b836-f0b26ca89bbe.html) to learn more about these markers | 12 Before Bike to Work Week, check out the [Mason City ordinances](http://www.sterlingcodifiers.com/codebook/index.php?book_id=382) to ride safely and responsibly | 13 Our Mason City 3rd graders will be receiving bike education today –knowledge is power! | 14 Check out [the Bike Rodeo today at the Mason City Police Department](https://www.facebook.com/MasonCityPD/photos/a.1650008301941176.1073741828.1556343994640941/1699107010364638/?type=3&theater)! |
| 15 Grab your co-workers! Tomorrow kicks off [Bike to Work Week](http://www.bikeleague.org/content/bike-month-dates-events-0)!  | 16 Share a photo of you and your bike helmet with our [BZP Facebook](https://www.facebook.com/MasonCityBlueZonesProject/?fref=ts)! | 17 Use that basket![Bike to the Farmers Market](https://www.facebook.com/northiowafarmersmarket/) | 18 Reflect on a serene memorial ride today at the [Ride of Silence](https://iowa.bluezonesproject.com/events) | 19 Enjoy Wine at 5 with your right tribe … then bike home responsibly. | 20 Celebrate! [It’s Bike to Work Day](http://www.bikeleague.org/content/bike-month-dates-events-0) | 21 It’s the weekend!Bike to a [Blue Zones Restaurant®](http://www.masoncity.net/pview.aspx?id=18323&catid=478). |
| 22 Have you heard about Activating Mason City Bicycle Pedestrian Plan? [Click to view.](http://masoncity.municipalcms.com/files/documents/BicycleandPedestrianMasterPlan1198025641030716PM.pdf) | 23 Bike to Hy-Vee for groceries or a meal! Both Hy-Vees are Blue Zones Restaurants®! | 24 Discover your right tribe – and bike to practice! [Check out Adult Sports in Mason City.](http://www.masoncity.net/pview.aspx?id=18100&catID=481) | 25 Today is National Senior Health & Fitness Day! All ages can bike to move naturally. | 26 Have your bike checked. [Use our map](http://www.masoncity.net/pview.aspx?id=46985) to find a route to Bennett’s or Wayne’s. | 27 Make sure your bike is ready for fun-- it’s Band Festival weekend! | 28 Bike downtown to celebrate [Band Festival](http://www.nibandfest.com) … all weekend long! |
| 29 Check out “new” mobile bike racks! Call us to use 424-7181.  | 30 It’s Memorial Day—reflect during a peaceful bike ride | 31 How will you stay active in June? Share with our [Facebook page!](https://www.facebook.com/MasonCityBlueZonesProject/?fref=ts) |  |